

WORKPLACEHERO STUDY HUB - FREE PRINTABLE

Learning reflection sheet

Turn a lesson, activity or experience into a useful next step while it is still fresh.

Learning activity	Date	Time spent

What happened or what did I study?

What clicked? Write it in your own words.

What still feels unclear or needs more practice?

Where could I use this in real life, work or my next assessment?

My next action - what, when and how I will know it helped